

Access to the Appalachian Trail
By following the Rhododendron Trail a half mile from the Massie Gap parking area, hikers can reach the famous Appalachian Trail. The trail is the world's second longest footpath and stretches from Maine to Georgia. For more information on the trail, contact: The Appalachian Trail Conference, P. O. Box 236, Harpers Ferry, WV 25425.

The Appalachian Trail is the most popular way to reach Mount Rogers, Virginia's highest mountain peak at 5,729 feet above sea level. A comprehensive map and guide featuring all the trails in Grayson Highlands State Park and the Mount Rogers National Recreational Area, including the Appalachian Trail, is for sale at the park and recreational area visitor centers.

Horses in the High Country
The stable area campground in Grayson Highlands provides 23 campsites for guests who bring their own horses. The sites can accommodate either tent or trailer. Additionally, there is a total of 67 stalls, 38 covered, 29 uncovered.

All state park camping regulations apply to this area. All horses must be tied into specific stalls.

Special orange-blaze trails are provided for horse use. A bridle trail in the stable area splits, with one fork leading to the Virginia Highlands system and the other to the Little Wilson Creek Wilderness Area. These are the only park trails on which horses are allowed. Also, for the enjoyment of all park guests, please keep horses away from camping, picnic and visitor center areas.

While at Grayson Highlands...
We hope you will take the opportunity to visit nearby scenic and historical attractions. Hungry Mother State Park is 35 miles north in Marion. New River Trail State Park, with access points at the historic Shot Tower in Wythe County and at Galax, is to the east and offers hiking, bicycling and horse-back riding opportunities. The Mount Rogers National Recreation Area adjoins the park, and the famous Barter Theater is in nearby Abingdon.

Marion, Independence and Galax offer lodging, restaurants, grocery shopping, medical assistance and worship services. Lansing, NC, 12 miles south of the park, has a laundry service.

- Campground rules**
- Camping is allowed only in designated campgrounds and only after following the proper check-in procedure.
 - Registration for a state park campsite must be completed by a member of the camping party 18 years of age or older. This person accepts responsibility for the entire camping party.
 - Campsites are designed to be used by a maximum of six people or one family.
 - One motor vehicle, in addition to the camping unit, is permitted per site. Only the camping unit listed on the campsite application is permitted.
 - State park campgrounds are intended for use of the traveling public, not for extended or seasonal camping. The maximum camping stay per park is 14 days in any 30-day period.
 - Check-out is 3 p.m. No camping units, vehicles or personal property may be left onsite after checkout.
 - Quiet hours posted in all state park campgrounds must be observed.
 - Fires must be confined to grills, campstoves or designated fire rings.
 - Laundry sinks provided are to be used only for washing clothes.
 - Pets are allowed in state park campgrounds. A fee is charged for each pet per night.
 - At the time of registration, campers must provide park staff with the names of any visitors expected at the campsite. Visitors will not be admitted to camping area unless so identified. Visitors are permitted between 8 a.m. and 10 p.m.
 - Primitive camping is available in the Stable Campground only in March, April and November.
 - Gray and black water are to be dumped only at the Dump Station.

Frequent visitors save money
Annual parking passes are offered to the frequent visitor for greater savings. Stop by the park office for details.

Virginia State Parks Reservation Center
For more information on Virginia State Parks or to make a cabin or campsite reservation, call 1-800-933-PARK.

Join us in the parks – DCR's Volunteer Program
DCR offers diverse opportunities for volunteers in most state parks and natural areas throughout the state. Inquire at the park office for details.

For more information, contact:
Grayson Highlands State Park
829 Grayson Highland Lane
Mouth of Wilson, VA 24363
(276) 579-7092

You can also visit DCR's home page at www.dcr.virginia.gov



Virginia Department of Conservation & Recreation

203 Governor St., Suite 302
Richmond, Virginia 23219
(800) 933-PARK

VIRGINIA


S T A T E P A R K S


Grayson Highlands State Park Guide


Mouth of Wilson, Virginia


Virginia State Parks provide
A Natural Legacy
of outdoor activities and programs. They are an important part of DCR's efforts to promote a strong conservation ethic. These efforts ensure that the best of Virginia's natural resources will be protected and available for future generations.


Welcome to Grayson Highlands State Park. The park's rugged mountain beauty and interpretive offerings take guests to a bygone era of mountain life. In addition, the park provides camping, picnicking, overnight horse stables, a visitor center, access to the Appalachian Trail and breathtaking scenic overlooks. To make your visit safer and more pleasant, we ask that you observe the following regulations.


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The public use or display of alcoholic beverages is prohibited. Public intoxication and/or disorderly conduct will not be tolerated.
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Pets are permitted in all state parks but must be kept in an enclosed area or on a leash no longer than six feet. No pets are permitted in any park facilities. Pet fees apply for pets kept overnight.
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Hiking trails are for pedestrians only. Horseback riders must ride only on horse trails. All trails close at dusk.
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The park is open for day use from 8 a.m. to 10 p.m. daily.
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Help preserve your park. Please don't cut or mar any plants or trees. Collecting animal or plant life is allowed only for scientific purposes by permit from the Richmond headquarters.
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Detailed Topo maps are available for purchase or viewing at park office, visitor center, contact station and county store.

Legend	
- - - - -	Hiking Trail
- - - - -	Appalachian Trail – White Blaze
.....	Horse Trail – Orange Blaze
.....	Virginia Highlands Horse Trail – Orange Blaze
————	Park Road
- . - . - .	Park Boundary
.....	Mountain Bike Trail

A severe weather policy may be in effect during winter months. Information is posted on kiosks and in office. For more information, please contact a ranger.

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Amphitheater
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Campground
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Dumping Station
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Gift Shop
- 

Group Campsite
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Historic Cabin
- 


Information and Registration Center
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Picnic Area
- 

Picnic Shelter
- 

Restroom
- 

Shower
- 

Stable Area
- 

Telephone
- 

Trail Shelter
- 

Visitor Center

Miles	Trail	Color	Rating	Usage
1.0	Rhododendron Trail	Blue	Difficult	FX
1.9	Cabin Creek Trail	Yellow	Difficult	F
.75	Big Pinnacle Trail	Yellow	Difficult	F
1.75	Twin Pinnacles Trail	Red	Moderate	F
2.0	Listening Rock Trail	Yellow	Difficult	F
1.8	Wilson Creek Trail	Red	Difficult	F
1.7	Stampers Branch Trail	Yellow	Moderate	F
1.4	Rock House Ridge Trail	Blue	Moderate	F
1.0	AT Spur Trail	Blue	Moderate	F
1.5	Wilburn Branch Trail	Lilac	Difficult	FB
3.7	Upchurch Road	Orange	Moderate	HFBX
1.3	Seed Orchard Road	Orange	Moderate	HFBX
1.7	Horse Trail East	Orange	Moderate	HFBX
1.0	Horse Trail North	Orange	Difficult	HFX

Key: F = Foot Traffic H = Horseback Riding
B = Mountain Bikes X = Cross Country Skiing

